

Appointment Date: _____ **Time:** _____

- Please read this instruction sheet thoroughly at least 1 day before your appointment.
- Please arrive 15 minutes prior to your appointment and bring your Alberta Health Care Card and government-issued, photo ID with you for this test to be completed.
- If you require a translator, please bring one with you to your appointment.
- Children are not allowed in the lab area and cannot be left unattended in the waiting room.
- If you need to cancel your appointment, please call 403-571-8640 at least 24 hours in advance to reschedule.

What is a carotid doppler ultrasound?

A carotid doppler is a painless test that uses ultrasound waves to create pictures of the insides of the two, large arteries of your neck. These arteries, known as the carotid arteries, supply your brain with oxygen-rich blood. A carotid doppler shows whether plaque has narrowed your carotid arteries. Plaque is made up of fat, cholesterol, calcium and other substances found in the blood and can build up on the sides (walls) of your arteries as you age.

What will happen during the test?

- The technologist will meet you in the waiting room and bring you to the examination room.
- You will be asked to put on a gown with the opening to the front.
- The technologist will have you lay down on the examination bed.
- A colourless gel will be applied to the neck and a transducer device is used to produce the images.
- You may experience some pressure from the device as we try to get the best possible images. quality pictures.
- You will be asked to turn your chin to the side to help us obtain the highest quality of images.
- A complete report will be sent to your doctor within 3 business days.

Preparation Instructions

- This test takes 30 to 45 minutes to complete.
- You may eat or drink before the test. Please take your medications as usual before the test.
- Do not apply lotions or powder to your neck area and remove all necklaces and chains.
- A Holter monitor may be worn during the test, however if an echocardiogram is also being done, then the monitor cannot be worn.
- Do not wear body oils or powders; you may use deodorant. Please avoid perfumes or colognes as we are a scent-free environment.

Discussion of Test Results:

Please note that only the doctor who referred you and/or your family doctor can discuss the test results with you.

Our Location

#110, 2891 Sunridge Way NE
Calgary, AB T1Y 7K7

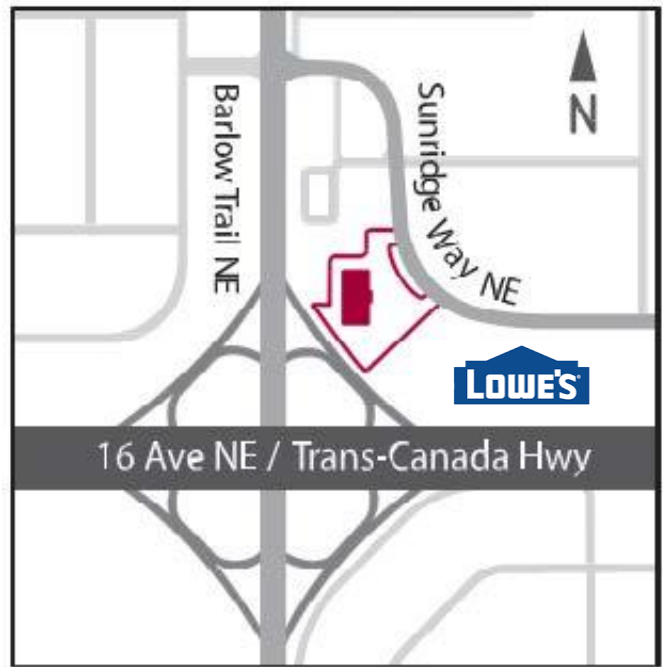
Phone: 403-571-8640

Fax: 403-571-8658

Free parking is available next to the building.

Transit Directions

- Rundle station is the nearest C-Train station
- Bus 19 to Sunridge Way NE



Privacy

The personal health information that you provide our clinic is collected, used and disclosed in accordance with the provisions of the Health Information Act. It is also used to provide diagnostic treatment and care services to you and to bill your provincial health plan for services provided. For more information, please contact us at 403-571-8640.