TotalCardiology®

| Appointment Date: | Time: |

Preparing for Your Test
Please read these instructions thoroughly at least 1 day before your appointment.

- You may eat or drink as your normally would before the test.

- Please take your medications as usual before the test.

- Do not apply creams, lotions or powder to your neck area and remove all necklaces and chains.

- A Holter monitor may be worn during the test however, if an echocardiogram is also being done, then the monitor cannot be worn.

- Please arrive 15 minutes prior to your appointment and bring your Alberta Health Care Card and government-issued, photo ID with you for this test to be completed.

- If you require a translator, please bring one with you to your appointment.

- Children are not allowed in the lab area and cannot be left unattended in the waiting room.

- This test takes approximately 20 – 30 minutes to complete.

- If you need to cancel, please call 403-571-8640 at least 24 hours in advance to reschedule. No shows will be charged a cancellation fee.

Appointment Location

#110, 2891 Sunridge Way NE
Phone: 403-571-8640
Free parking is available next to the building.

Transit Directions

- Rundle station is the nearest C-Train station
- Bus 19 to Sunridge Way NE

What is a carotid doppler ultrasound?
A carotid doppler is a painless test that uses ultrasound waves to create pictures of the insides of the two carotid arteries of your neck. These arteries supply your brain with oxygen-rich blood. A carotid doppler shows whether plaque has narrowed your carotid arteries.

A copy of your test findings will be sent to your referring and / or family doctor who can discuss the results with you.

What will happen during the test?

- You will be asked to put on a gown for this test.

- You will lie on an examination bed. A water-based ultrasound gel will be applied to the neck and a wand called a transducer device will be pressed onto your neck to produce images of your arteries.

- You will be asked to turn your chin to the side during the test. You may experience some pressure from the device as we try to get the best possible images.