

Carotid Doppler Test Instructions



Appointment Date:

Time:

What to bring to your test:

- Alberta Health Care Card and government-issued photo ID are required for this test to be completed.
- If you require a translator, please bring one with you to your appointment.

Day of your test:

- Please arrive 15 minutes before your appointment.
- Please take your medications as usual before the test.
- You may eat and drink as you normally would before the test.
- Do not apply body lotions, creams or powders to your neck and remove all necklaces and chains.
- A Holter monitor or blood pressure monitor may be worn during this test but if an echocardiogram is also being done during your appointment, the monitor cannot be worn.
- Arrange for childcare – for safety reasons children are not allowed in the lab area and cannot be left unattended in the waiting room.
- This test takes up to 20 – 30 minutes to complete.
- If you need to cancel, please call 403-571-8640 at least 24 hours in advance to reschedule. No shows will be charged a cancellation fee.



Location:

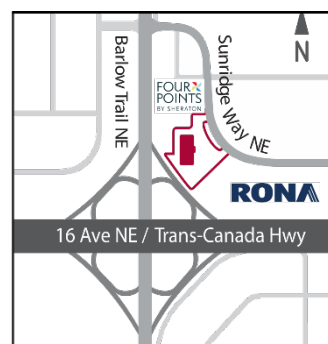
2891 Sunridge Way NE, Suite 110
Phone: 403-571-8640

Free parking is available in front of the building.



Transit Directions:

- Rundle station is the nearest C-Train station
- Bus 19 to Sunridge Way NE





Carotid Doppler Test Information

What is a carotid doppler?

A carotid doppler is a painless test that uses sound waves to create pictures of the insides of the arteries of your neck. These arteries supply your brain with oxygen-rich blood. A carotid doppler shows whether plaque has narrowed your carotid arteries.

What will happen during the test?

- You will be asked to put on a gown for this test.
- You will lie on an examination bed. A water-based ultrasound gel will be applied to the neck and a probe called a transducer will be pressed onto your neck to produce images of your arteries.
- You will be asked to turn your chin to the side during the test. You may experience some pressure from the device as we try to get the best possible images.

What happens after the test?

- You may resume normal activities after the test is completed.
- A copy of your test findings will be sent to the referring doctor to discuss with you.